



Fruma Newsletter

Fruma All-Natural Skincare



Jojoba Great Moisturizer for Skin

Jojoba is a golden liquid wax (often called jojoba oil) that is made from the jojoba bean. A plant native to Southwestern North America (Arizona, southern California and Mexico).

Jojoba oil soothes dry skin and has anti-inflammatory properties which help to reduce redness caused by drying, ease the effects of eczema and rosacea, and keep skin calm and comfortable.

B-complex vitamins in the Jojoba oil aid in skin repair and damage control. Jojoba oil can be an effective to add to your everyday routine. Jojoba oil is moisturizing, antibacterial, and has oil controlling properties. Also, it is a safe and natural moisturizing oil with a long list of benefits for hair, face, body, baby, and more. It even treats acne.

The Vitamin E and

Highlights

- Fruma Website will launch 1 July 2019. Visit our website frumaorganics.com
- During the month of July receive 30% off regular price.
- Our newest products Lingonberry Body Wash and Lotion. For all skin types.
- FREE Shipping for online orders with a minimum purchase of \$75 or more.

Benefits of Dry Brushing

Dry body brushing helps to diminish cellulite. Also, it can help to shed dead skin cells as well as encourage new cell growth which results in smoother and brighter skin. It can also help with ingrown hairs.

Dry skin brushing helps your skin to absorb nutrients by eliminating clogged pores. By dry brushing your skin, you increase circulation and promote blood flow.



Palm Natural Skin Brush

\$12 each

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All-Natural Skin Care Products with
Organic Ingredients



Our Commitment

Fruma offers natural personal care products made with the earth's finest ingredients.

All-Natural Products

All-natural products formulated with superior ingredients without the use of any chemicals, toxins, parabens, sulfates or synthetic fragrances.

The Difference in Organic Ingredients

Our customers experience the power of organic ingredients to improve their mind, body and spirit.



DIY RECIPE

LEMON OIL BLEND FOR A DISINFECTING ROOM SPRAY

Use this blend to eliminate airborne bacteria and unpleasant odors.

Ingredients Amount:

Lemon Essential Oil	5 drops
Tea Tree Essential Oil	5 drops
Sage Essential Oil	5 drops
Cajeput Essential Oil	5 drops
Distilled Water	60 ml (2 fl. oz.)

Best to make small batches for freshness.

INSTRUCTIONS

1. Mix all the essential oils inside a 60 ml (2 fl. oz.) glass spray bottle.
2. Gently swirl the mixture together to blend everything thoroughly.
3. Fill the rest of the bottle with water, tightly cap the bottle, and shake well.
4. Spray into the air to eliminate and prevent germs.